

# SS-OO-PP-RR Reflection Questions

Below are examples of reflection questions you might ask in each phase of SS-OO-PP-RR.

## Setting the Stage

- **What's been happening this week?**
- **How do you think this week has gone? How has working on \_\_\_\_\_ this week been?**
- **What activities or routines were the most fun since the last visit?**
- **How would you like to move this outcome forward?**
- **What do you feel are her biggest needs right now?**
- **What made you smile this past week?**
- **What would make your day go more smoothly?**
- **What do you want to try this visit?**
- **Why is this target important for you and your family?**
- **Is \_\_\_\_\_ still an outcome or a priority for you and your family? What else is important?**
- **How would you fill in the blanks? I need to \_\_\_\_\_ so he can \_\_\_\_\_.**
- **You told me you were going to try \_\_\_\_\_, how did it go?**
- **Which routines and targets are your priorities today?**
- **Who will do what, when in today's session?**
- **If your child could learn a specific skill, what would it be? What will that help you do during the day?**

## Observations & Opportunities to Embed

- **What do you think "worked" during snack?**
- **Do you feel the strategies are a good fit for the routine? What would feel more natural or make it easier to do?**
- **Was there something you did differently that time? How do you think she responded?**
- **What strategies were you using to support her?**
- **What was it about that routine that made it work best for you?**
- **What did you do to help him/her to participate?**
- **How could you change it to keep his/her interest to support him/her longer?**
- **What did you do to help him do so well?**
- **Which strategies feel easy to use, which are harder?**
- **We went over \_\_\_\_\_ and how do you think he/she did?**
- **You practiced using wait time and choices during snack just now. What worked and what is still sticky?**
- **How do YOU think he did (e.g. pulling up)?**
- **It looks like you supported him just enough so he would be successful. What did you do that gave him that "little something" to make it?**
- **You looked confident giving him choices and waiting. How comfortable were you?**
- **What would you like to try next?**



**Problem Solving & Planning**

- **What does your family like to do? How could these activities be a part of the plan?**
- **Let's make a list of what you have tried so far and see what might work for this routine.**
- **How could you combine \_\_\_\_\_ with \_\_\_\_\_ in this routine?**
- **What do you think would happen if you tried \_\_\_\_\_?**
- **What do you want to see him doing when I come next time?**
- **The place I feel stuck is \_\_\_\_\_.**
- **What tells you the strategy isn't quite working?**
- **Do you see any difference between last week and now in his participation? What? What's next?**
- **What kind of things were you doing that worked? And didn't?**
- **Why do you think he/she struggled with that?**
- **How do you think this strategy works for you? Where else could you use it?**
- **What do you think is the most important strategy for you to learn to use? Why?**
- **What will he be doing when he participates in this routine with you?**

**Reflection & Review**

- **What made you feel happy (or smile) about this interaction?**
- **What was the most challenging thing that happened during the visit today?**
- **What worked today and why?**
- **Is there anything you would like to do differently as we reflect on the routine (session)?**
- **What strategies did you like today and why?**
- **What did you see him do today that you're excited about?**
- **How do you think \_\_\_\_\_ has changed in the last 2 weeks? What's next?**
- **Would you describe what you did as easy, getting easier, or hard?**
- **What did you do that helped her participate in the routine? How did you know it was working?**
- **What was the most valuable during this visit?**
- **What do you think you can take away from this routine today? How will you use what you've learned today in other routines?**
- **How often can you try \_\_\_\_\_?**
- **What did you do to make this interaction work?**

Think about a family you have on your caseload and write a reflective question that for each phase of SS-OO-PP-RR that would apply to them.

<b>SS</b>	
<b>OO</b>	
<b>PP</b>	
<b>RR</b>	